



## **Privacy Policy**

As part of my privacy policy, I will always keep any information provided through this website confidential. I will not contact you unless you indicate that you would like me to do so e.g. by sending me an email or telephoning me. I take your privacy seriously and will never share your personal details with a third party, without your permission.

### **GDPR Specific Information:**

**What do you do with contact details you receive via the website? (phone or email)**

I use these contact details to reply to the message that has been sent to me.

**How long will you retain it?**

I will retain it for 1 month after the last contact has been made from the person.

**How and why are you collecting data?**

I collect the data by receiving it through my email account, the contact form on this website or by telephone. I collect it in order to reply to expressed interest in the counselling that I offer.

**How do you want people to let you know if they do not wish for their information to be kept?**

If you do not want me to keep your information please inform me by emailing me. However, if you are currently receiving counselling from my service – retaining your contact information is a requirement of our counselling agreement.

This website does not use any non-essential cookies.

This website is hosted in the UK with UKFast.

For more information please contact me.